



4th annual

Judgement Free 5K & 1 Mile Walk/Roll/Shuffle



WHEN

Saturday, Sept. 22, 2018
Registration begins at 8:30 AM
Run/Walk begins at 10 AM

WHERE

Riverbend Recreation Area
Findlay, Ohio

HOW

Sign up at Planet Fitness in Findlay or at runsignup.com.

WHAT

Our vision is to include people of all abilities in a fun, judgement free event that promotes physical activity. The 1 Mile Walk/Roll/Shuffle is fully accessible, and we welcome those with wheelchairs, strollers, service animals, etc.

WHO

100% of the proceeds from this event are donated directly to these awesome organizations:



BOYS & GIRLS CLUB



Special Olympics



OUTDOORMINDSET

PARTY

Stick around after the race for our kick-butt post-race party! Like our Facebook page for updates.



VIRTUAL RACE

Run Anywhere!

Can't make it to the race? Don't sweat it! Register as a virtual runner, and you can run/walk anywhere you like. We'll send you a t-shirt, and you can post a picture from your run on our Facebook page for a chance to win prizes.

Register by Sept. 3 to guarantee a t-shirt!



Return this form with payment to Planet Fitness in Findlay, OH or sign up online at runsignup.com!

Name: _____

Email: _____

Address: _____

City: _____ State: _____

Zip: _____ Age (on race day): _____

Gender: M / F Shirt Size: S M L XL XXL

I will be participating in the...

- 5K Early Bird Special (thru Aug. 17): \$20
Regular Registration: \$25
Race Day Registration: \$30

- 1 Mile Walk Early Bird Special (thru Aug. 17): \$15
Regular Registration: \$20
Race Day Registration: \$25

- Virtual Race Regular Registration (must register by Sept. 3): \$25

*Please read and sign the waiver form below.
In consideration of this entry, I hereby for myself, heirs, executors and administrators waive and release any claims that I may have against Ohio Fit LLC dba Planet Fitness or any of the volunteers or sponsors involved in the Judgement Free 5K and 1 Mile Walk/Roll/Shuffle. I certify that I am physically able to participate in this event.*

Signature: _____

Date: _____

If under 18, signature of guardian: _____

Date: _____

Please make checks payable to **Planet Fitness**.

