



Creating A Bully-Free Zone

The Boys and Girls Club of Marion held a successful Family Night on Thursday, Oct. 18. Over 150 members and their families attended for dinner, games and the unveiling of the new buddy bench. The poster contest, in which we asked members to show us their vision of a judgement free world, was a huge success with over 100 entries. Bethany Wilds was thrilled to take home a new bike for her winning poster that included thoughts like "Be kind," and "Don't judge a book by its cover." The kids also had the opportunity to sign pledges stating that they would be kind to others and stand up for anyone they see being bullied. In return, they received Judgement Free Generation wristbands and Planet Fitness tattoos. The parents and families of the members also had a great time socializing and learning more about the Judgement Free Generation. We look forward to expanding our partnership with the Boys and Girls Club in the future and helping them create their own culture of kindness among their members.



Bobbi Hupp You don't know how excited she was that she had won! You guys truly made her day. Especially when she gained a voice about her being bullied through her poster! What a wonderful opportunity for all the kids.
Love · Reply · 1 · October 24 at 1:58pm

Thanksgiving 2017

Holiday Hours
Thursday, Nov. 23: Close at Noon
Friday, Nov. 24: Re-open at 6 AM

Trotting through Delaware

We're excited to be a part of this year's Delaware Turkey Trot and Little Gobbler Kids Run on Thanksgiving Day. Besides providing a great opportunity to promote our new club and sell memberships, we'll be able to meet many current and potential members while supporting a great cause - the Autism Society of Central Ohio. Over the last five years, the event has raised \$70,000, thanks to New Beginnings United Methodist Church! Runners will receive information about our new Delaware location and can even sign up for memberships at our booth. They'll also get long-sleeve t-shirts and medals, and the first 800 finishers will each get a pumpkin pie. Kids ages 8 and under will have the opportunity to participate in a short race led by the mascot "Gobbler," and will receive a t-shirt and ribbon. 1,500 participants are expected, making it one of the larger events in the area. We can't wait to celebrate Thanksgiving with the Delaware community and support an awesome race!



November 23, 2017

At Mill Road Crossing
Behind Glenwood Commons
(behind Office Max & Kohl's in Delaware)

All Proceeds Benefit: **AUTISM SOCIETY**
Supporting the lives of Children with Autism

Honoring Our Veterans

We're continuing our tradition of offering free bottled water to our members who are veterans on Veterans Day - Saturday, Nov. 11. This is just a small way of showing our appreciation for their service. Please take a moment on Saturday to thank anyone you know who has served or is currently serving our country.



No Excuses November



This month, we're giving away a three-month subscription to the Dollar Shave Club to one lucky member in each club. Any member who participates in three or more PE@PF sessions in November will automatically be entered. The winner will receive a starter box and two months of new razors.

Race Day Schedule:

- 7:30am: Course Opens (No Race Day Registration)
- 8:15am: Move to Start Line
- 8:30am: Little Gobbler Kids Run Begins
- Following Start of Kids Run: 5K Run/Walk Begins

For more details or to register online, visit DELAWARETURKEYTROT.COM

Sponsored by **NEWBEGINNINGS** United Methodist Church

pe@pf

phys. ed. planet fitness

LifeFitness ACADEMY

Maggie attended a PF360 training workshop in Chicago on Oct. 23-24. The workshop included discussions about small group training, practical approaches to exercise modification and a hands-on training session with the PF360. More details about the new PF360 Burn, Strength and Refresh sessions were provided along with a framework for each session that can be adapted for each club and configuration of the PF360. Ten employees, including trainers and managers, from across the country attended the workshop. It was a great opportunity to network and share ideas!



FRANK LLOYD WRIGHT RACES

10.22.2017 PARK DISTRICT of OAK PARK ■ 5K 10K YOUTH MILE



During her trip to Chicago, Maggie and her mom ran the Frank Lloyd Wright 5K in Oak Park. The race route passed by Wright's home and studio as well as several of the homes and buildings he designed (and even the church from Home Alone!). It was a beautiful morning for a run, and the turnout was great. Participants received long-sleeve t-shirts and access to a deluxe oatmeal bar after the race. While their finishing times weren't impressive, it was a fun way to explore the neighborhood, admire the architecture and get a workout in at the same time. Plus it was a great excuse to eat some Chicago-style pizza later that day!



love story



Evan & Britni

Joe & Stephanie



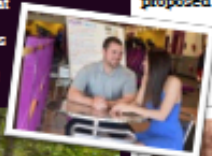
Once Upon A Time...

When two members, Joe and Stephanie, got married at a Planet Fitness in Cincinnati a couple months ago, the media loved it ~ and so did we! While we haven't hosted a wedding in any of our clubs (yet), we've definitely been feeling the PF love. Evan and Britni, who both work at the Newark club, recently got engaged during a trip to Salem, MA. And on October 21, former staff members Kristina and Brendan (from the Findlay club) tied the knot.

Need a Photographer?

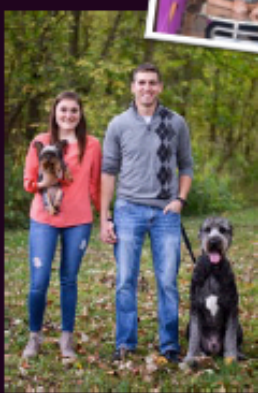
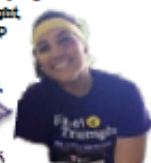
We've got you covered! Megan, who works at our Marion club, is also a professional photographer. You can book her for engagement photos, weddings or just about anything. Check out her Facebook page (Capture That Photography) and some of the photos she's taken for Luke and Brittany!

Kristina and Brendan met at Planet Fitness and instantly felt a connection. When Kristina graduated and moved back home to Michigan, that could have been the end of the story. But thankfully, the first Judgement Free 5K in 2015 brought her back to Findlay, and later that night she met up with Brendan for drinks. Their relationship progressed from there, and Brendan eventually proposed to Kristina on his farm.



They may have been married in a church, but Planet Fitness is what brought them together, and we're so happy to be part of their beautiful story!

@the1stannual Judgement Free 5K



Kristina & Brendan